# **Bright**Course Infant Expectations

#### **Reinforcing Relationship**

Relationship with the client is key to long-term success. Client advocates care for their clients, and these questions exist to help them show that care and concern. Use them as a way to expand on the existing relationship and to speak truth into the client's life.

### **Discussion Questions**

Use the questions below to reinforce the lesson objectives and learn more about the client. This page does not need to be copied or given to the client. It is for reference for the client advocate. Use the questions as they fit with your client's temperament.

1. Have you spent much time around newborns? Can you tell me what that was like?

Helpful Hint: Use this question to learn about your client, including her thoughts of her times spent around younger children. Remember that time and experiences with your own child will be different from time and experience spent with other people's children.

## 2. Is there anything new you learned in this video? Do you think what you learned will help you in your parenting? How so?

Helpful Hint: If the client doesn't have an answer, try asking, "What did you think about..." and then include a topic from the following list: infants stopping breathing, how much infants sleep, or responding to a child's cries.

### 3. What is your biggest worry of having a newborn with you at home?

Helpful Hint: The point of this question is not to focus on your client's worries but to help you learn about your client's fears and grow your relationship accordingly. If your client cannot find something to share in this area, try sharing fears you may have felt.

### 4. What are you most excited about with having your newborn at home?

Helpful Hint: If the client doesn't have an answer, consider providing something you were excited about with your own newborn. Seemingly simple answers are fine - such as, "dressing them," or "playing with them." Use the answers to relate.

### 5. What is the thing you want most for your newborn child?

Helpful Hint: This provides an opportunity to dream with your client. Enjoy hearing what she wants for her child. If she is unable to respond, prompt her with suggestions about happiness, future schooling for the baby, future spouse for the child, etc.