

Eye Contact Means Love

Discussion Questions

For the Parenting Instructor:

The discussion questions are a tool to help enrich your relationship with your client. They help to promote discussion on the topic of the lesson, and they help you to better understand the heart of your client and his needs. This is accomplished through sharing, connecting, and caring.

1. Do not give this page to your client. It is only for your reference when talking to your client.
 2. The tips written below each question help you to know what to listen for or how to start a conversation if you have a reserved or quiet client.
 3. Find ways to affirm your client, and gently guide the conversation.
1. Eye contact is the foundation for successful communication. Why is eye contact so important with your child?

This question is designed to help your client understand that eye contact is a part of bonding with her baby. Discuss with her the importance of holding her baby and interacting with baby while feeding. When her baby starts looking into her eyes the baby is starting to recognize a fellow human. Share with her how you felt when you started gazing into your baby's eyes and the bonding that occurred for you. How did you model good kinds of eye contact?
 2. This video talks about how eye contact can be bad. What are some examples of bad eye contact and what kind of damage can it have on your child?

This question is designed to help your client think about the difference between good and bad eye contact and how that will affect her child. Discuss the two different types of bad eye contact with your client. Help her understand that mean looks and aggressively staring can be damaging to her child. Ask her if she had good eye contact or bad eye contact experiences in her childhood. How did those make her feel? Share with her experiences you may have had personally or with your children with eye contact that was bad. Give her examples of good eye contact to work on.