

Whole
Sex

The Talk™

Dangerous. Beautiful. Gift.

Let's Talk

Study Guide

MISSION STATEMENT

The *Whole Sex Talk*™ is a Biblically-based, six-session multimedia program that empowers parents to have healthy, ongoing conversations with their kids about love, sex, and relationships.

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SESSION 3

PREGNANCY & ABORTION

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Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body.

I Corinthians 6:18

BEFORE STARTING

Take a couple of minutes to discuss session two and how action steps were applied, as well as lessons learned from them.



WHAT TO DO

1. Reflect and share on how you have seen God at work since starting this series.
2. Learn from each other. Ask advice from other parents.
3. Pray for one another.



WHAT NOT TO DO

1. Jump in without giving your group a chance to share how it's been going.
2. Give up when it gets uncomfortable.
3. Rush session three. It's heavy with personal testimonies that may elicit emotional responses from others.

BE ADVISED

Session three contains honest and descriptive testimonials pertaining to pregnancy, abortion, abortion procedures, and subsequent emotional consequences. Be sensitive to individuals in your group, as deep wounds may surface. Post-abortion counselors and support groups can be found through your local pregnancy care center or thewholesextalk.com/resources. Hope and healing are close behind.

CONSEQUENCES

SPIRIT, BODY & EMOTIONS

The human person is created in the image of God—body and spirit. He did this out of love. Husbands and wives express that love through sexual union. This union can also create new life. However, this union can be a force of destruction when God’s design for sex is abandoned.

Decisions we make have physical, spiritual, and emotional consequences. So, it is important to teach kids what good and bad decisions are regarding sex, and to give them tools and support to make those decisions.

DO WHATEVER YOU WANT

Why are youth so promiscuous today? Why is abortion often seen as a solution? Here are four messages to use as conversation starters as you begin this session. The culture speaks these messages to our kids daily:

Everybody’s doing it.

Unfortunately, promiscuity is common among young people. A study of college students showed that 60% have engaged in a “friends with benefits” relationship. They find the lack of commitment to be the main advantage. Even in these relationships, almost 85% reported they hadn’t discussed the consequences of their sexual behavior on their friendship, and 75% reported no conversations about “ground rules” for the relationship.⁵

It’s no big deal.

The world says sex has no consequences. It doesn’t acknowledge the shame, guilt, or possible infections that a person could carry for the rest of their life. Kids also naively seem to think, “That will never happen to me.”

There’s a quick fix.

We live in a “fast-food society” that wants an instant solution to a problem—a “do whatever you want, whenever you want, with no consequences” culture. Abortion fits into that mentality. “Unplanned pregnancy? No problem! We’ve got a solution for you!”

It’s not a baby.

Society says it’s not a baby, so it’s not a big deal. But, science has proven otherwise.⁶ If wombs had windows, people might reconsider this statement instead of believing the messages of pro-choice propaganda.

PREGNANCY & ABORTION

WAIT

Wait is a sobering film that depicts a contrasting timeline of how a young girl gives away her virginity while experiencing the consequences.



Two interviews: one with a sidewalk counselor and one with a former Planned Parenthood director who discuss the cultural pressures of abortion.



MARY VERWYS

Director of *Garden of Hope* Ministry and Sidewalk Counselor

"No, you don't want them sleeping around, but you really don't want them covering it up because of their great love for you."

KEY MESSAGES

- **MOTIVATIONS** - Three types of women Mary has observed seeking abortions
- **AFTER EFFECTS** - When reality hits



ABBY JOHNSON

Former Planned Parenthood Director, Founder of *And Then There Were None* Ministry

"I'm a good Christian girl on birth control. I'm not supposed to get caught in my sin."

KEY MESSAGES

- **VISUAL DEATH** - Seeing an ultrasound-guided abortion
- **SELLING** - Selling abortions and meeting quotas
- **PRAYING PARENTS** - Never give up on your kids

SLED ARGUMENT

The SLED Test is truly invaluable when trying to persuade and defend your pro-life views to others. This method was first developed by Stephen Schwarz in his book *Moral Question of Abortion*.⁷

Schwarz's argument, which was popularized by Scott Klusendorf, explains that the unborn differ from the born in only four significant ways. None of those ways are used to measure a person's worth after they are born, and they shouldn't be used to deny a person's worth before they are born either.⁸

SIZE

Embryos are smaller than babies, and babies are smaller than toddlers. Toddlers are smaller than teenagers. Size doesn't matter. It's lawful to kill a bug, but not lawful to kill a person, not because the person is bigger, but because the person is human. Your size does not determine your personhood, your rights, or your value.

LEVEL OF DEVELOPMENT

Embryos are less developed than newborns, but their physical or intellectual development has nothing to do with whether they are worthy of life. Toddlers are not as physically developed as adults; mentally challenged adults can be less intellectually developed than some teenagers, but they are still human and worthy of life. It's our humanity that determines our value, not our brain capacity or physical development.

ENVIRONMENT

Your value does not change whether you are inside your house or outside your house. Moving from the bus to the school does not change your value. Throughout a pregnancy, an unborn baby is a human all on its own. It is dependent on the mother for life in many different ways, but it is also separate from the mother's body. It is not right to deny an unborn baby their right because they are in the womb.

DEGREE OF DEPENDENCY

Newborn babies are completely dependent upon their parents for survival. Many people on the outside of the womb depend on machines, medications, and medical equipment for their survival, yet they don't lose their rights because they are dependent on these things.

For more information, visit sledtest.org.

Let's Chat

DISCUSSION QUESTIONS

What is your perception of abortion?
Adoption? Parenting?

How would you know if your child is
struggling?

How would your daughter think you'd
respond if she were pregnant? How
would your son think you'd respond if
his girlfriend were pregnant?

NOTES

PHYSICAL CONSEQUENCES - STIs/STDs

Listen in as two healthcare professionals with the Pregnancy Resource Center of Grand Rapids discuss client behaviors, promiscuity, sexually transmitted diseases, risks, and misconceptions. The abbreviations STI (sexually transmitted infection) and STD (sexually transmitted disease) are often used interchangeably. STIs are the broader category of infections. It is possible to have an infection (e.g., HPV) without experiencing the disease (e.g., genital warts and/or cervical cancer).



GAY KAASHOEK

Nurse Practitioner for over 40 years

"STIs can be transmitted through
any form of sex."

KEY MESSAGES

- **INVISIBLE** - Many STIs/STDs are invisible
- **RESULTS** - STIs/STDs can result in infertility, cancer, and even death



DIANA RILEY

Medical Services Manager

"It is sex all the time, all around them,
with easy access to it. So, it is more
challenging to choose abstinence."

KEY MESSAGES

- **DENIAL** - People believe they will not contract STIs
- **FIT IN** - People think abstinence isn't cool

COMMON STIs/STDs

COMMON STIs/STDs		
STI/STD	MODES OF TRANSMISSION	POSSIBLE COMPLICATIONS
Chlamydia: A bacterial infection and the most common curable STD in the U.S. ⁹	Any sexual contact with an infected person by oral, anal, or vaginal sex	Pelvic Inflammatory Disease and infertility
	Contact with infected body fluids (exclusively semen and vaginal fluid)	Serious and painful damage to pelvic organs
	Mother to baby during delivery	Infection of baby during delivery
		Increased risk for other STDs
Human Papilloma Virus (HPV): The most common STD in the U.S. A virus with 150 types (40 are considered to be transmitted sexually). Some cause genital warts; others can cause cervical cancer. ¹⁰	Any sexual contact with an infected person by oral, anal, or vaginal sex	Genital warts may increase in size and spread
	Contact with infected body fluids (exclusively semen and vaginal fluid)	May lead to various cancers
	Skin contact with infected skin (no visible sores are necessary for transmission to take place)	Infection of baby during delivery
	Mother to baby during delivery (rare)	Increased risk for other STDs
Human Immunodeficiency Virus (HIV) / Acquired Immune Deficiency Syndrome (AIDS): A virus that destroys the body's immune system. ¹¹	Any sexual contact with an infected person by oral, anal, or vaginal sex	Serious infections due to weakened immune system
	Contact with infected body fluids (exclusively blood, breast milk, semen, and vaginal fluid)	Cancer and/or other illnesses develop ¹²
	Mother to baby during delivery	If untreated, opportunistic infections can lead to death (6,721 in 2014) ¹³
		Infection of baby during delivery
		Increased risk for other STDs

15-24 year olds will account for 50% of the 20 million new STI cases yearly in the U.S.¹⁴



DISCUSSION QUESTIONS

What STIs/STDs (venereal diseases) did you learn about as a teen?

What changes have you observed in the risk of STIs/STDs since you were a teen?

What surprised you most about how STIs/STDs are transmitted (reference the chart)?

NOTES

SESSION WRAP-UP

You may be thinking, *What about safe sex? Wouldn't birth control stop an STI from developing?* Every form of birth control has a failure rate. Some forms have small failure rates while others have larger failure rates. Birth control was designed to reduce the chance of a pregnancy, not eliminate the possibility. Some forms of birth control can reduce the chance of getting an STI, while other forms of birth control (pill, patch, shot, etc.) don't reduce the chance.¹⁵

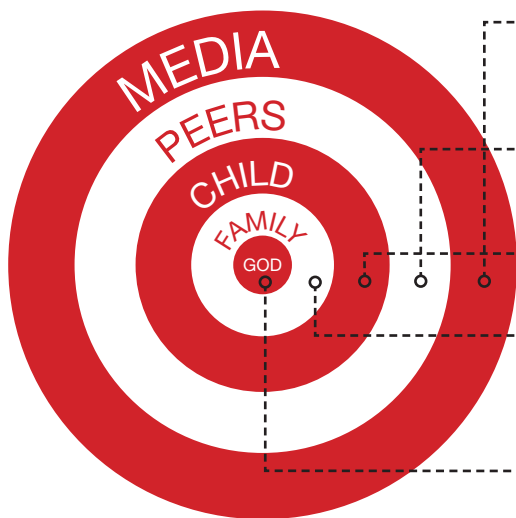
Besides, if parents hand out birth control *just in case* their kids are sexually active, but teach abstinence, what message are kids getting?

Everyone wants what is best and healthiest for their child. Teaching your child to wait for sex is the best and healthiest way of protecting your child. Are you giving your child the most accurate, up-to-date information? Or are you allowing the fear of "what if" to control what you are teaching?

SET UP

1. Plant a bean seed in a moist paper towel in a plastic bag; watch it grow. Note to younger children that the seed becomes a baby plant. Compare the stages of the seed's growth to that of a baby in the womb.
2. Invite someone you know to share their story of abstinence, adoption, unplanned pregnancy, etc., with your family.

CONVERSATION STARTERS



MEDIA: What are some of the physical consequences of sex that have been shown in a movie or TV show?

PEERS: Do you know anyone your age who has had a pregnancy or an STI?

CHILD: What would you do if you got pregnant or contracted an STI?

FAMILY: As parents, this is how we would respond if you or anyone in our family got pregnant or contracted an STI.

GOD: Share Biblical examples of how God used “unplanned” pregnancies for the greater good. Read about Hagar in Genesis 16, 17, 21 and about Mary in Chapter 1 of Matthew and Luke.

ACTION STEPS

1. Review the SLED argument with your older children on page 22.
2. Visit a local pregnancy care center and ask if there is a client that your family can pray for and/or assist.
3. Pray for your children. Perhaps use the following prayer:

Heavenly Father, I entrust my children to you. Be their God and Father; and mercifully supply whatever I lack, through my weakness or negligence. Strengthen them to overcome the corruptions of the world, to resist the temptations of evil, whether from within or without; and deliver them from the secret snares of the enemy. Cover them with your grace, and confirm and multiply the gifts of the Holy Spirit in them, that they may daily grow in grace, and in the knowledge of our Lord Jesus Christ. Equip them to faithfully serve you here, and embrace them so they rejoice before you in the world to come; through the grace of our Lord Jesus Christ, who lives and reigns with you and the Holy Spirit, now and forever. Amen.¹⁶

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What To Do. What Not To Do...

The Noun Project. Icon by Milky - Digital innovation. Web. 3 August 2016. <<https://thenounproject.com/>>

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The Talk™

Dangerous. Beautiful. Gift.

“The Whole Sex Talk program is indeed a beautiful gift to parents seeking Biblically-based, culturally relevant guidance on talking to their kids about sex. ... I can’t recommend it enough.”

Roland C. Warren, President & CEO, Care Net

“This is must-have information for parents.”

Jor-El Godsey, President, Heartbeat International

“The time has come to step up to the plate, and this curriculum will equip you to do just that.”

Dr. Julie Parton, Former Director, Pregnancy Resource Ministry, Focus on the Family

“This program helps parents overcome their fears of talking with their kids about sex by offering great resources.”

Mike G. Williams, Comedian, Speaker, Author



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