

FACTSHEET

The "Can Do" List

1. Why should I say I can't do it when the Bible says, "I can do all things through Jesus who gives me strength."? [Philippians 4:13](#)
2. Why should I lack when I know that God will supply all my needs according to His riches in glory in Jesus? [Philippians 4:19](#)
3. Why should I be afraid when the Bible says God has not given me a spirit of fear; but one of power, love, and a sound mind? [2 Timothy 1:7](#)
4. Why should I lack faith to complete my calling knowing that God has given me a measure of faith? [Romans 12:3](#)
5. Why should I be weak when the Bible says that God is the strength of my life and that I will be strong and take action because I know Him. [Psalm 27:1](#)
6. Why should I allow Satan supremacy in my life when He that is in me is greater than he that is in the world? [1 John 4:4](#)
7. Why should I accept defeat when the Bible says that God always leads me in victory? [2 Corinthians 2:14](#)
8. Why should I be without wisdom when Christ became wisdom to me from God and God gives me wisdom generously when I ask Him for it? [1 Corinthians 1:30](#)
9. Why should I be depressed when I can remember God's loving kindness, compassion and faithfulness and have hope? [Lamentations 3:21-23](#)
10. Why should I worry when I can cast all my anxiety on Jesus who cares for me? [1 Peter 5:7](#)
11. Why should I ever be in bondage when I know that, where The Spirit of God is, there is freedom? [Galatians 5:1](#)
12. Why should I feel guilty when the Bible says I am not guilty because I am in Jesus? [Romans 8:1](#)
13. Why should I feel alone when Jesus said He is with me always and He will never leave me or let me go? [Matthew 28:20](#)
14. Why should I feel cursed or that I am the victim of bad luck when the Bible says that Jesus redeemed me from the curse of the law that I can receive His Spirit? [Galatians 3:13,14](#)
15. Why should I be discontent when, like Paul, I can learn to be content in all my circumstances? [Philippians 4:11](#)
16. Why should I feel worthless when Jesus became sin for me so that I could become the righteousness of God in Him? [2 Corinthians 5:21](#)
17. Why should I have a persecution complex knowing that nobody can be against me when God is for me? [Romans 8:31](#)
18. Why should I be confused when God is the author of peace and gives me knowledge through the Holy Spirit who lives in me? [1 Corinthians 14:33](#)
19. Why should I feel like a failure when I am a conqueror in all things through Jesus? [Romans 8:37](#)
20. Why should I let the pressures of life bother me when I can take courage knowing that Jesus has overcome the world and its tribulations? [John 16:33](#)

FACTSHEET

What is Faith?

Having faith in God is simply choosing to believe what God says is true. It's actually my responsibility to totally steer my mind intentionally away from my doubts, and from my feelings, and actually move down the path of truth. The critical history about faith, is not how much faith you have, but what or who are you putting your faith in.

Hebrews 13:8 says, "Jesus Christ is the same yesterday, today and forever."

He is unshakeable. He is never changing. So if we choose to make Jesus, the object of our faith, you will find Him completely reliable. If you want to grow in your faith, you need to know the Person you're placing your faith in better. It's so tempting, particularly for our generation, to base our choices on our feelings, rather than what's really true.

Your Takeaway

It's the thought that's right for me, is supposed to be right for you. In fact, it's right for everybody in this room and all of humanity.

But just because it's not something that our friends subscribe to, doesn't mean that it's not right.

Jesus doesn't claim to know the truth, but He claims to be the truth. Just because things are hard, it doesn't mean that you've taken the wrong turn. It just means it's hard and you need to keep going and keep persevering and trusting in that prompt that God gave you to go forward.

Don't doubt it. God is really there to lean on and He carries you through those times.

We just need to trust that God's the truth, and choose to believe that what He says about us, is really true about us.

Essentially it boils down to a choice to believe what God says.

There's not a single person that can't become a mature disciple. It does start with a choice. It starts with a choice to believe what God says is true and act on it.