

### Personality Types

Because each child is unique, Dr. Leman's descriptions of personality types may not fit every child perfectly. But in many ways, a child's birth order does influence his or her personality.

<i>1st Born or Only</i>	<i>2nd Child</i>	<i>3rd Child</i>
Obeys the rules	Fewer photos in family album	Comedian
Bossy, natural leader	Caught In-between	Gets away with murder
Reliable, Conscientious	Can get lost in shuffle	Very sensitive
Successful in school	Least likely to share feelings	Knows alot about family happenings
Mature for age	Gets attention for being different, possibly negatively	May wear different masks to disguise feeling
Worrier		
Perfectionist		
Organized, Orderly		

### Flaunt Your Imperfections

When you come to terms with your imperfections, then you also set your children free from paralyzing perfectionism. Take a moment to meditate on your less-than-perfect parenting skills. Below is a sample prayer to consider:

*Lord, thank You for loving me just the way I am. You know I struggle with losing my patience, having periodic pity parties, and depression. Thank you for loving me anyway and for showing grace and mercy to me. Give me the desire and the resolve to leave behind bad habits and to build our home on faith in Jesus Christ. I know that my children are imperfect, too, but You love them just as they are. Help me, Lord, to forgive myself and to accept myself as You have forgiven and accepted me. Help me to love and raise my children with Your love and wisdom. Guide me and show me the way to be the best parent I can be. With You all things are possible. I love You and thank You. Amen.*

### My Commitment to Raise Well-Balanced Children

With the Lord's help, I commit to be a caring, encouraging, and effective parent. In the weeks ahead, I will take the following steps to bring stability to my home, grace and forgiveness to my relationships, and encouragement to my child(ren):

- 1.
- 2.
- 3.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_