

Where have the flowers gone in your relationship?

"I am my beloved's and I am the one he desires." Song of Solomon 7:10, TLB,

The most dangerous words you can speak: "I am sure it will go away." It is so easy to become separated and get off track in marriage. If things are getting quiet in your home, some things are going wrong in your marriage.

Needs of Men and Women

Men's and women's needs are different.

The number one need for women is affection. The number two need for women is needs. Women are relational. Their needs are wrapped up in people.

Men are private by their nature. The number one need for men is sexual fulfillment. Sexual fulfillment is not the same thing as sex. Men are not just interested in sex; they are interested in being wanted and in being needed by their wives. The number two need for men is respect.

Married couples need to see life through their spouse's eyes.

Honesty, Openness, & Meaningful Conversation

Make a commitment to set aside uninterrupted time to talk to and to listen to your spouse. Discuss the ways you wish your spouse would express affection for you. Don't get into head knocking. Don't major in the minors.

The Five Love Languages by Gary Chapman

The Five Love Languages book lists the five most common ways people express love for one another:

- Physical touch
- Quality time together
- Acts of service
- Words of affirmation
- Giving gifts

Review the list above and talk to your spouse about the most effective way of expressing love in their language. Rather than trying to change your spouse, work on meeting your spouse's needs.