

## How Kids Grow and Thrive Through Mom and Dad's Relationship

If you want your child to have healthy self-esteem, be a couple. Be on the same page. Kids find out what a marriage is supposed to be by watching their parents. Most TV shows picture dads as buffoons. One of the major fears of youth today is that their parents will divorce. Don't be a best buddy or best friend to your children. Be their parent. It is very important for the kids to give back to the family. Parents should not nag their children. Every child needs vitamin N - being told "No."

## Healthy Marriages

"A man must love his wife as a part of himself; and the wife must see to it that she deeply respects her husband—obeying, praising, and honoring him." Ephesians 5:33 TLB

A marriage that is good for you as a couple is even better for your kids. The average marriage today lasts seven years. The best way to have a healthy marriage is to make Christ the center of the home. The Bible tells us to be submissive to one another in marriage.

Children will thrive and develop healthy self-esteem if they have parents who are together and are on the same page.

## Healthy Families

Men are the great fixers. Moms are often referred to as taxi drivers and most dads believe they do not have enough time with their children. Every married couple experiences conflict. Children learn how to resolve conflict by watching how their parents resolve conflict. The Bible says to confess past mistakes and ask for God's forgiveness. "But if we confess our sins to Him [Jesus], He can be depended on to forgive us and to cleanse us from every wrong." 1 John 1:9 TLB

## Prayer

Lord, we want to provide our children a safe place where they can grow to love You and to love others. Help us as a couple to be on the same page so we can help our children thrive and develop healthy self-esteem. Thank you for ..... Amen.